



Injury Management and Return to Play Policy

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| Policy number | EV-006 | Version | 1.0 |
| Approved by SIA Directors | 14 December 2021 | Scheduled review date | 2026 |
| Date Reviewed | 7 June 2024 | No amendments | |

Introduction

Schools in Action supports safe participation in sport and recreation for children and young people. Injury is a known barrier to participation and it is estimated that 50% of injuries are preventable.

Scope

This policy applies to the management of injuries and the return to play of all students participating in Schools in Action events.

Policy

Whilst recognising the duty of care owed by teachers and persons in charge of school teams, Schools in Action supports and advocates processes and procedures prepared by Sports Medicine Australia for prevention strategies; management of injuries including the return to play; and the roles and responsibilities of individuals / organisations in upholding and actioning the processes and procedures. Documentation is available from the [Sports Medicine Australia website \(https://sma.org.au/\)](https://sma.org.au/).

Procedures

Schools in Action prepares a risk management analysis of all events it conducts (including the management of injuries of participants) plus a qualified and registered Sports Trainer attends all sporting events conducted by Schools in Action. If necessary, ambulance staff and qualified medical personnel will also attend higher risk events (e.g. triathlon competition).

Risk management documents are provided to participating schools and event officials before events commence.



Authorisation

A handwritten signature in black ink, appearing to read "D. Sutton", written over a horizontal line.

Deneille Sutton - Director

A handwritten signature in black ink, appearing to read "M. Grant", written over a horizontal line.

Michael Grant - Director